

This Month at

PROJECT SAGE

*Support • Advocate • Guide • Educate
to end relationship violence*

April 2023

Thank You Volunteers!

Whether helping move a client into shelter, teaching children healthy communication skills in the classroom, or bringing our major fundraising event, Trade Secrets, to life, volunteers are essential to the work we do at Project SAGE. For the countless hours, energy, and commitment you provide to the agency and to our clients, **THANK YOU!** We couldn't do this work without you.

Spotlight on Project SAGE

S is for Support

SAGE is an acronym standing for Support-Advocate-Guide-Educate. This article is the first in a four-part series highlighting each letter in the Project SAGE acronym and sharing how we as an organization fulfill our mission of creating social change to end interpersonal relationship

We at Project SAGE support clients as they navigate challenging personal circumstances. In any situation, listening to clients identify their priorities and worries is the critical first step to supporting client-centered decision-making. A second key aspect of support is safety planning. Safety planning helps clients identify specific ways to reduce risk, consider their resources and choices, and make decisions about future plans. **Jahnesha** is our **Family and Child Advocate** working with clients up to age 21 and parents. **Yamile** is our **Adult Advocate** working with clients age 21 and over. Each advocate addresses the specific needs of clients at different stages of life and relationship dynamics.

Jahnesha's focus is on helping children and families find stability and navigate challenging interpersonal relationships. Using a client-centered model of support, Jahnesha helps people access educational resources, community services, and counseling / support groups. Jahnesha reflects, "Helping clients rebuild their lives and gain control of their futures is a perk of my job."

Yamile's focus is on helping adults regain control of their lives and overcome barriers to independence. Among other resources, Yamile supports clients by connecting them with public benefits, legal representation, transportation, and mental health services. According to Yamile, "This work is about helping the people we serve to see how much they know about themselves and how resourceful they are already."



Project SAGE is hiring!

Join us in our mission to create social change to end interpersonal relationship violence.

We are adding a full-time Intimate Partner Violence Prevention Specialist to our committed and creative team.

Do you have a background in **social work, gender studies, education, or a related field**? Then click below for details and to apply.

**APPLY
HERE**

Opportunities to support Project SAGE and have fun at the same time!

- Great Falls Brewing Co. is hosting a 5K race **Saturday, May 13th**, register [here](#).
- Test your trivia knowledge at Great Falls Brewing Co. **Sunday, May 14th @ 6:00 pm**.

We have a number of partners supporting us the weekend of Trade Secrets - May 20 & 21:

- [J. McLaughlin](#) will donate 15% of sales at their stores during 'sip n' shop' events from 3:00 - 6:00 pm on Saturday, May 20th! Visit their locations in Millbrook, Washington Depot, and Litchfield for some retail therapy.
- [Sister Parish](#), [Little-ish](#) and [Milton Market](#), all located in Litchfield, will donate a percentage of sales during the weekend of Trade Secrets!
- [Honeychurch Home](#) in Salisbury and [Pergola](#) in New Preston will also donate a percentage of their sales during Trade Secrets weekend!

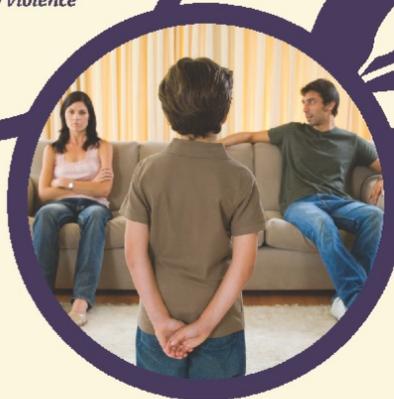
Upcoming Events

PROACTIVE PARENTING

with

PROJECT SAGE

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Join us for tips on how to use Children's Literature to creatively solve parenting challenges, help children be themselves, and nurture healthy relationships.

For parents of children ages 2-8

First Monday of Each Month • 7:30-8:30 pm • Register at: <https://project-sage.org/events>



Monday, April 3rd
Emotional Regulation



Monday, May 1st
Conflict Management



Monday, June 5th
Standing up for Others



Mark your Calendars!
Workshops continue in the fall ...

www.project-sage.org

Resource Roundup

PARENTING GUIDE

Catfishing scams targeting kids are on the rise. This resource is designed to empower parents, grandparents, educators, and

ARTICLE

What's the connection between sex trafficking and domestic violence? Traffickers first groom their victims,

caregivers to effectively discuss online safety with children and teens by teaching them how to naturally and effortlessly avoid catfishing attempts. [5-Minute Parenting Guide: Catfishing](#)

ARTICLE

Intimate partner violence doesn't just harm the primary victims -- it negatively affects the entire population in the same way as the opioid crisis, the Covid-19 pandemic, and the impacts of climate change. Read about [Why Domestic Violence Is a Public Health Crisis](#).

PODCAST

Hosted by trained prevention educators, this podcast features meaningful and empowering conversations on subjects pertaining to relationship violence, assault, and abuse. Learn to recognize signs of unhealthy and abusive behaviors, identify and access resources for support, and practice self-care and care for others. Listen here: [One Conversation](#)

brainwashing them into believing they're in a consensual relationship. Read more about this insidious tactic here: [How Does Sex Trafficking Intersect with Domestic Violence?](#)

SHORT VIDEO

Finding safe and affordable housing is one of the most immediate concerns for survivors of abuse. This three-minute video illustrates how and why survivors holding multiple identities experience barriers to stable housing and what can be done to change that: [The Intersections Between Domestic and Sexual Violence, Racism, and Homelessness](#)

RESOURCE COLLECTION

April is National Child Abuse Prevention Month, which recognizes the importance of families and communities working together to prevent child abuse and neglect. Prevention services and supports developed by this collaboration can help to protect children and strengthen families. Find helpful videos, conversation guides, and more here: [Child Welfare Resources](#)



ARE YOU A CURRENT PROJECT SAGE VOLUNTEER? Remember to record your volunteer hours [here](#).

NOT A VOLUNTEER BUT INTERESTED IN BECOMING ONE? Email Linda at lindac@project-sage.org for more information.

24-hour Hotline 860-364-1900

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